Module 1
Understanding Self and Others

- Acknowledge myself in relation to others
- Appreciating diversity
- Putting myself in another's shoes
- A common humanity
- Responding to the needs of mutual understanding
- Can we just get along?
Module 2
Transforming the World Together

Conflicts, violence and injustices around me

Failing to respect one another

Non-violent alternatives

Working together to transform the world

Peace begins with me

Reconciliation walk

Building bridges of trust